NEWS RELEASE



UnitedHealthcare Donates \$1 Million to Nonprofits in Indiana

Funding is part of UnitedHealthcare's \$11.4 million in Empowering Health grants focused on expanding access to care and addressing the social determinants of health for people in underserved communities

INDIANAPOLIS (July 22, 2021) — UnitedHealthcare, a UnitedHealth Group (NYSE: UNH) company, is awarding \$1 million in Empowering Health grants to five community-based organizations in Indiana to expand access to care and address the social determinants of health for uninsured individuals and underserved communities.

In total, UnitedHealthcare is donating \$11.4 million through Empowering Health grants across 18 states and the District of Columbia. The grants will assist individuals and families experiencing challenges from food insecurity, social isolation and behavioral health issues, and support local health promotion and health literacy efforts.

Grant recipients in Indiana include:

- <u>Gleaners Food Bank of Indiana</u> \$300,000 to build the capacity of school-based pantries and support an at-home delivery program.
- <u>Indiana Primary Health Care Association</u> \$300,000 to implement and expand food access and education programming in partnership with six federally qualified health centers.
- <u>Healthier Moms and Babies</u> \$180,000 to expand the Prenatal Home Visitation Program for high-risk low-income families in Allen County. The home visitation program pairs experienced case managers with low-income women until their babies turn 2 years old to help mothers and their babies have the best possible start to their new lives.
- <u>Indiana Rural Health Association</u> \$150,000 to implement the Community Paramedicine Program, which addresses infant and maternal health disparities in Allen, Knox and Ripley counties.
- <u>Girls on the Run of Northwest Indiana</u> \$70,000 to expand social-emotional and physical activity programs, provide financial assistance to eligible girls, recruit new coaches and provide rural community outreach.

"Social and economic factors have a profound impact on achieving and maintaining good health," said Charlotte Macbeth, CEO, UnitedHealthcare of Indiana Medicare and Medicaid. "Through Empowering Health grants we're working with local organizations to provide Hoosiers with greater access to essential resources in high-risk and high-need communities so they can live healthier lives."

Good health encompasses more than simply visiting a doctor's office. According to the American Journal of Preventive Medicine, nearly 80% of what influences a person's health

relates to nonmedical issues, such as food, housing, transportation and the financial means to pay for basic daily needs. And for so many, the global pandemic has caused additional social and economic challenges that continue to affect healthy behaviors and exacerbate health disparities.

Since launching its Empowering Health commitment in 2018, UnitedHealthcare has now invested more than \$40 million in Empowering Health grants reaching more than 6 million people through partnerships with community-based organizations in 29 states.

UnitedHealth Group, including UnitedHealthcare and Optum, and its affiliated companies, is committed to reducing health disparities and building healthier communities by supporting programs to improve access to care and address key determinants of health. In Indiana this includes more than \$3.4 million in contributions from 2018-2020 representing its businesses, foundations and employees.

Additionally, UnitedHealth Group has invested more than \$500 million in affordable housing communities since 2011, partnered with food banks and meal-delivery services, and in 2019 joined with the American Medical Association to standardize how social determinants of health data is collected and used to create more holistic care plans.

About UnitedHealthcare

UnitedHealthcare is dedicated to helping people live healthier lives and making the health system work better for everyone by simplifying the health care experience, meeting consumer health and wellness needs, and sustaining trusted relationships with care providers. In the United States, UnitedHealthcare offers the full spectrum of health benefit programs for individuals, employers, and Medicare and Medicaid beneficiaries, and contracts directly with more than 1.3 million physicians and care professionals, and 6,500 hospitals and other care facilities nationwide. The company also provides health benefits and delivers care to people through owned and operated health care facilities in South America. UnitedHealthcare is one of the businesses of UnitedHealth Group (NYSE: UNH), a diversified health care company. For more information, visit UnitedHealthcare at www.uhc.com or follow @UHC on Twitter.

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