

# UNITED HEALTH FOUNDATION

## United Health Foundation and Hispanic Federation: *Improving Chronic Condition Management*

Founded in 1990, Hispanic Federation is a national leader in promoting health awareness, education and increasing access to affordable and quality health care in the Latino community.

In 2023, the United Health Foundation, the philanthropic arm of UnitedHealth Group, and Hispanic Federation, announced a three-year, \$3 million grant partnership to combat diabetes in Texas and Georgia. The program provides culturally relevant resources to encourage adoption and maintenance of physical activity and other healthy habits. Additionally, this partnership connects individuals to primary and mental health care and social drivers of health, including access to healthy food.



### COMMUNITY IMPACT\*

**3,925**

individuals have enrolled in  
the program

**22%**

of program participants to date  
are no longer considered  
pre-diabetic

**73%**

increase in physical activity  
from program participants

**98%**

retention rate for patients  
enrolled in the program

\*as of 3/31/25

### WHY IS THIS WORK CRITICAL?



I discovered a community close to my home where we exercise three times a week. I started eating healthier by cutting out junk food, soda, and avoiding frequent visits to fast food places. I increased my intake of plain water. I began to be more mindful about reading product labels and choosing the healthiest options. I made changes by tracking my meals and snacks.”

**Program Participant**

