

UNITED HEALTH FOUNDATION

United Health Foundation and Indian Health Care Resource Center: *Bringing Diabetes Care to Native American Seniors*

The Indian Health Care Resource Center of Tulsa, Inc. (IHCRC) provides quality, comprehensive health care to Native Americans in the Tulsa-area in a culturally sensitive manner that promotes good health, well being and harmony.

In July 2021, the United Health Foundation, the philanthropic arm of UnitedHealth Group, and IHCRC announced a three-year, \$1.8 million grant partnership to develop a comprehensive, culturally relevant program that provides medical and behavioral health care, physical activity, medical social work, and health education to older Native American adults and their caregivers. The partnership:

- Provided diabetes management, including glucose monitoring and blood pressure screening, retinopathy exams, nephropathy assessments and nutrition education
- Screened for depression, elder abuse and neglect, and dementia screenings for all seniors who present for medical care
- Connected individuals to social services such as transportation, support for daily activities and other services
- Provided fitness and education offerings tailored to seniors, new educational and support offerings for caregivers



**COMMUNITY
IMPACT***

1,000+

**patients 65+ supported
through the program**

95%

**of patients 65+ screened for
depression**



450+

diabetes patients 65+ supported through the program. In three years, the program saw the following results:

- **26% increase** in the number of patients seen in the program
- **38% improvement** in the rate of patients with uncontrolled diabetes
- **88% of diabetes patients** prescribed statin therapy