

## United Health Foundation and Health Alliance for the Uninsured: *Addressing Diabetes and Behavioral Health*

The Health Alliance for the Uninsured (HAU) is a community health equity collaborative that works to make quality health care available to people with low-income and uninsured individuals who are patients at one of the 86 free or charitable clinics across Oklahoma.

In 2021, the United Health Foundation, the philanthropic foundation of UnitedHealth Group, announced a three-year, \$1.8 million grant partnership with HAU to improve health outcomes for uninsured and underinsured individuals with diabetes at free and charitable clinics across the state. In addition to providing targeted interventions for patients with diabetes, the program enabled clinics – for the first time – to integrate screening and assessment tools to identify and ultimately address behavioral health, substance use disorder (SUD) and social drivers of health needs among their patients.



### COMMUNITY IMPACT\*

**3,000+**

diabetic patients supported as a result of the partnership

**100%**

of patients offered self-management support for diabetes

**415**

patients referred to specialty care with another 247 patients referred to behavioral health care

**21%**

improvement in diabetic patients with controlled hypertension

**17%**

improvement in screening rate for social drivers of health needs

**75%**

of patients received a Screening, Brief Intervention, and Referral to Treatment (SBIRT) for SUD

\*2021-2024

### WHY IS THIS WORK CRITICAL?

Ron, a patient at Arubah Community Clinic, had let his diabetes go untreated for several years. Through the United Health Foundation grant to HAU, Arubah helped Ron obtain free insulin and other oral medications to control his diabetes and blood pressure. In nine months, his A1C went from 13.9% to 6.3%. Through additional referrals, Ron also received treatment from a vascular surgeon and podiatrist for diabetic wound care.

